



# THE ANCHOR

ISSUE 1 • JANUARY 2021



## THE BUSINESS LEAD

STAY INVOLVED

As Shavon Mariah Social Services is growing in the community, we plan on keeping you informed with what is occurring. Please keep us in mind and bring awareness to the community about our services. If you know anyone who needs anger management call us for our program, if you know anyone who needs a therapist call us, if you want to donate or host a luggage drive, Please reach out and we would love to assist and provided you details. As a community we have to work together. We are here for each other.

SHAVON MARIAH  
COMPANY  
NEWSLETTER

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# OUR GROWING COMPANY

## VERY THANKFUL

This newsletter is a great space to learn about what **Shavon Mariah Social Services** is doing in the community and all the new changes taking place as we are growing into a social service agency. We still have a lot of work to do but we are making progress and adding new services and trainings to help those in need.

In 2020 We added:

Shavon Mariah Social Service Luggage Foundation

12 Week Anger Management Program

Individual and Family Sessions



## MEET OUR CEO



Shavon Mariah Brooks, LMSW, HS-BCP, CAMS II started Shavon Mariah Social Services, P.A, and Shavon Mariah Social Services Luggage Foundation - nonprofit organization in 2020. She is a practicing Licensed Behavioral Health Social Worker/Psychotherapist, Board Certified Human Service Practitioner and National Certified Anger Management Specialist II. She is currently working on her PHD in Medical Social Work and writing her dissertation on the, Adolescent's Perspective on Social Media Contributing to Suicidal Ideations and Attempts. She is currently being Clinically Supervised by Sarah Kincheloe, LCSW-S, Licensed Clinical Social Worker and Board-Approved Supervisor, on completing her 3,000 hours towards obtaining her LCSW.

She was born and raised in Northern California and relocated to Austin, Texas to further her education. Her experience started in the social work field for 10 plus years, working and volunteering at various children shelters during undergrad, was employed with Child Protective Services and currently working as a Medical Behavioral Health Social Worker/Therapist in the surrounding Austin Area and Psychiatric Behavioral Health Hospital. She completed her Master of Social Work internship as a Clinical Social Worker at an acute Psychiatric Behavioral health hospital in Austin, Texas. She has and currently conducts educational and processing groups at the Psychiatric Behavioral Health Hospital individual and family sessions with children and adults as well as completing intake and follow-up assessments, discharges and establishing community resources for clients as an in office and in the field Behavioral Health Social Worker.

# ANGER MANAGEMENT

ACCEPTING  
CLIENTS

**Shavon Mariah Social Services** is now offering Anger Management classes online to anyone who is in need. **Our 12 week Anger Management class that is once a week** will provide you with the skills and resources you need to keep going in your life and help you find your purpose that was once hidden behind the word reference as ANGER. The workbook and curriculum is accredited by the National Anger Management Association (NAMA). The twelve (12) Modules include effective anger management skills, calming techniques, expressing negative emotion skills, stress and anxiety management, conflict resolution skills, and practical solutions.



## OUR APPRECIATION

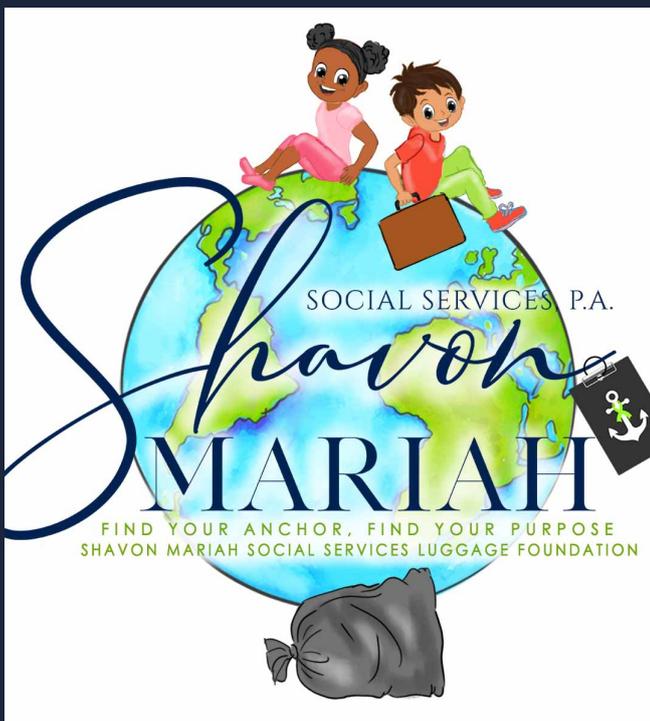
THANK YOU

**Shavon Mariah Social Services** would like to thank the local community for their donations and taking their time to organize and contribute to our non-profit organization.

**"YOU ARE HELPING US MAKE A DIFFERENCE IN THE COMMUNITY AND WITHOUT YOU WE WOULD NOT BE ABLE TO HELP THOSE IN NEED"**

We would like to thank the following agency's and organizations below:

Austin Area Urban League  
Austin Spurs - Luggage Drive  
Lady's of Charity - Lake Travis  
Continental Automotive Group-Austin



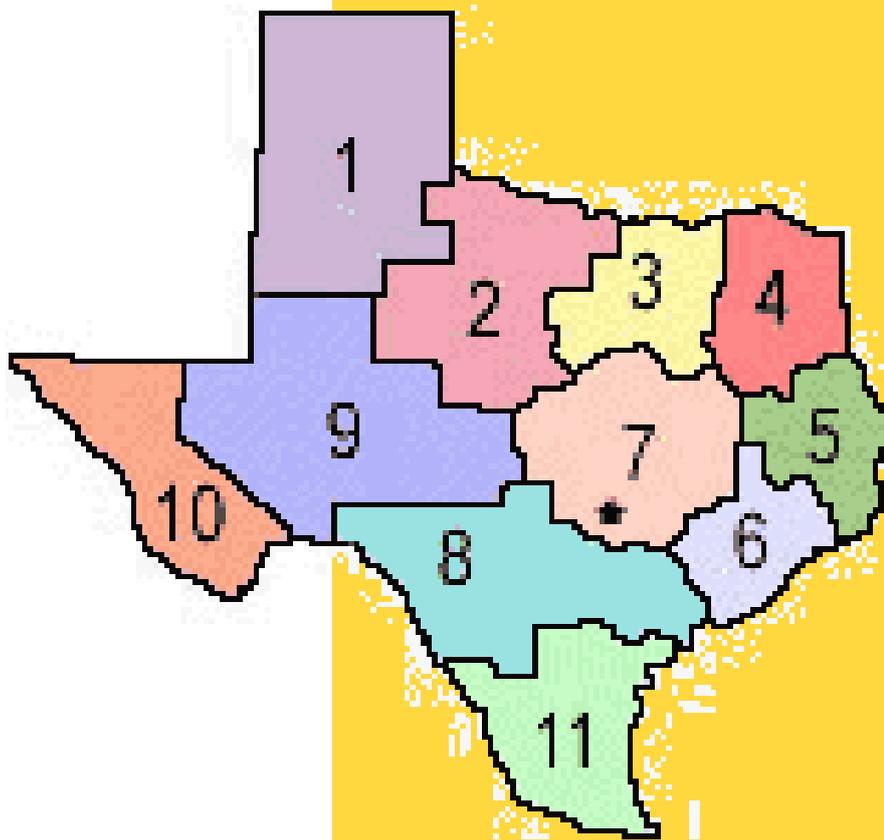
# MONTHLY EVENTS

## CPS/APS

Shavon Mariah Social Services Luggage Foundation partnered with DFPS- Texas Department of Family and Protective Services for Child Protective Services and Adult Protective Services in Texas. We have been providing luggages and duffle bags to children and youth in need in the foster care system once a month as requested and in the adoption process as well as adults. Shavon Mariah Social Services Luggage Foundation is here and ready.

National Adoption Day  
November 2020

Shavon Mariah Social Services Participated in  
Adoption Day in Denton, Texas



## SHOP OUR BRAND

### SUPPORT

How we end our day is usually how we start it. In those early mornings, some individual's are looking for their SCRUBS and some individual's are rushing to find their perfect HEELS or TIE. What matters the most is the choice that we all make when we are in that morning rush. One thing that we all have in common is being Ready, Professional and Comfortable. Shavon Mariah Social Services APPAREL is not just for professionals, it's for anyone who believes in change. One slogan or trendy hashtag can go a long way, so why not stay positive and uplifting at work or around town. Whatever you decided, make sure you also remember Your Purpose.

**"FIND YOUR ANCHOR, FIND YOUR  
PURPOSE "**

